

**Catalina Foothills Pediatric  
Psychiatry**

Child, Adolescent & Adult Psychiatry  
and Psychotherapy

4739 E Camp Lowell Dr  
Tucson, Arizona 85712  
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**Welcome & General Information**

On behalf of the office staff and myself, welcome to the clinic. The office manager is Kristie. If you have any questions, you may direct them to the office manager or to me. She will schedule your initial and follow up appointments with you.

I am in private practice and independent, as are others practicing in this clinic. Therefore this is not considered a group practice. I also work in the public sector for a local clinic.

During your initial or any follow up visits, various forms of treatment may be recommended including medication and/or therapy. In some cases, medical tests, or consultation with another physician may be recommended. Psychotherapy along with medication management, if possible, is often recommended depending on each individual's situation and symptoms. If therapy is occurring elsewhere, collaboration with the therapist may also be helpful. Sometimes family, group or couples therapy is recommended. This will be discussed with you as we proceed through treatment, and your treatment will be tailored to meet your needs. I do not administer care for patients in hospital settings, treat substance abuse disorders, and do not perform ECT (electroconvulsive therapy.) I see patients from 2 through 18 years old, with few exceptions.

The following pages of this packet contain important information regarding fees, availability and policies.

**Please carefully read the information in this packet and fill out the forms before you see Dr. Weibrecht. Please note that there are multiple places for you to sign or initial indicating you have seen the information and agree.**

The “*Information for Use/Disclosure of Protected Health Information*” form is designed to allow Dr. Weibrecht to exchange information with your primary care physician, any medical specialists you might be seeing, as well as any therapists. A separate consent form may also be given to you if there is information that is deemed as needed in order to better provide care. In addition to the aforementioned, it could be used to request medical records from prior mental health treatment and/or psychiatric hospitalization. This is so that any relevant helpful medical information can be applied in your treatment. Of course, you may decline signature of this form.

## Fees

The standard treatment fees are in keeping with those in the community. You will be notified of any future fee increase by written notice 30 days prior to such an increase. Below is the standardized fee schedule:

Initial Diagnostic Interview	\$350
Medication Management/therapy-20/30 min	\$150
Psychotherapy/Med. mgmt 45/60 min	\$220
Missed appointments w/o 48 hr notice:	
20/30 min appt	\$50
45/60 min appt	\$75
	After 2 missed appts w/o notice, you will be charged full fee of your scheduled service.

Sessions scheduled for 1 hour will be concluded at 45 minutes (generally psychotherapy or the second follow up appointment after an evaluation.) appointments scheduled for 30 minutes will conclude after 20 minutes (generally medication management). This is in order to allow adequate time for documentation, prescriptions, phone calls, if any, and other paper work to be completed.

## Payment

**Payment for both the initial evaluation and for subsequent treatment services is expected at the time services are rendered.** The office manager, Kristie can assist you with this *prior* to your appointment. If services are provided via telemedicine, Kristie can call you in advance of the appointment.

Please feel free to discuss any questions regarding billing or your individual charges with Kristie. If she is unable to answer your question, please feel free to speak to Dr. Weibrecht.

**Missed appointments are billed at the full fee rate unless a minimum of 24 hours notice is given.**

## Hours & Availability

The office is open from 3 pm to 5 pm Monday through Friday to answer general questions. Please call the office at 520-428-3933. Kristie is generally available during those times. Please leave a message if she cannot answer. **Dr Weibrecht listens to voice messages by the end of each day, but may not be able to return your call right away. Most calls will be returned by the next business day.**

Dr Weibrecht has physical clinic hours on Mondays through Fridays, from 3 pm until 5 pm, with the exception of holidays, and the second Friday of each month. At times when Dr Weibrecht is unavailable due to vacation, work-related travel, etcetera, she will have arranged coverage with a

colleague. For messages that cannot wait until she returns to the office, follow the options per the voice answering system, or the front office staff. If it is a life-threatening issue, follow the directions below for “emergencies & urgent matters.”

### **Emergencies & Urgent Matters**

If you have a life threatening emergency, such as an adverse drug reaction, or suicidal or homicidal thoughts, you should go to the Crisis Response Center, emergency room of the nearest hospital, Palo Verde Intake Office &/or call 911 immediately. Dr Weibrecht is not physically available for emergent or urgent issues after or during hours, and you would best benefit from a hospital evaluation and setting for these matters.

If the matter is urgent, but not an emergency, you can call the answering system at 520-428-3933 ext 4, and you will be able to leave a message for Dr. Weibrecht.

### **Medication Refills**

Please call *at least 5 days prior* to when your supply of medication will run out. You may call the pharmacy to request a refill if possible, or you can call the office directly. If you call, leave a message on the Office’s voice mail, with the following information: 1) Your name, 2) your date of birth, 3) name of medication, dose and directions and 3) your pharmacy’s phone number.

Your refill will be called in within 2 business days. If you do not have a refill, or have missed more than one appointment, Dr. Weibrecht may want to speak with you regarding your request. She may also call you to clarify your request.

Again, *welcome*, and please feel free to ask about this material or other concerns.